

# Sport and Active Recreation Vocational Pathways

The aim of this programme is to work with schools to focus on building an experience in the classroom that will meet the needs of the students and embed unit standards into that experience. There are two pathways, each has its own context for development across Levels 1, 2 and 3.

It is suggested that the schools work with a context that is applicable to their students, school, and wider community.

#### **Leading in Sport and Active Recreation**



#### **COACHING and INSTRUCTING**

**20673** Demonstrate knowledge of injuries, injury prevention and risks and hazards associated with sport or recreation, 5 Credits.

**22771** Plan beginner-level coaching sessions for sport participants, 6 Credits.

30933 Demonstrate exercise and stretching techniques, 5 Credits.

30935 Develop and implement an exercise plan for personal physical fitness,5 Credits.



**22768** Conduct and review a beginner level coaching session, 4 Credits. (optional)

#### **OFFICIATING**



**31388** Apply sport rules and regulations while officiating in a competitive sport event, 10 Credits.

# **UNIT STANDARDS IN SCHOOLS**



#### **Development in Sport and Active Recreation**



#### **ACTIVE RECREATION in the COMMUNITY**

**27299** Describe the benefits of participation in recreation in the local community, 3 Credits.



#### **EVENT MANAGEMENT**

**21414** Plan and run a recreation activity, 4 Credits.

Interpersonal Communication in Sport and Active Recreation – the following Standards can be embedded into either of the previous programmes.



**3501** Demonstrate knowledge of and apply listening techniques, 3 Credits.

**3503** Communicate in a team or group to complete a routine task, 2 Credits.



**10791** Participate in a Meeting, 3 Credits.

**9677** Communicate in a team or group which has an objective, 3 Credits.

**1299** Be assertive in a range of specified situations, 3 Credits.



**1312** Give Oral Instructions in the Workplace, 3 Credits.

**9681** Contribute within a team or group which has an objective, 3 Credits.



# **COSTS**

## 2024

The costs identified below will be per Unit Standard and includes:

- Whole year programme development and planning.
- Student assessment guide and marking schedule.
- Additional assessment material (teacher observation sheets/rubric/student worksheets or logbooks where applicable).
- Teacher assessment and delivery guide.
- Additional applicable resources to help with delivery.

### All prices are per Unit Standard

- \$350 +GST inside WILSS driving zone
- \$500 +GST outside WILSS driving zone

WILSS driving zone includes any school within a 2-hour driving limit of the WILSS office Hillcrest, Hamilton





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